

The OGS is a vibrant hub of the community, preserving a tapestry of Penns Valley heritage while fostering growth through business, education, recreation and wellness opportunities as we **do life together.**



Fall 2015 /  
Winter 2016

The Old Gregg School  
Community and Recreation Center

## Welcome! We have something for everyone.

The Old Gregg School (OGS) once served as a school for many generations of children in Penns Valley, and since 2006 it has served as a meeting place for many more generations of families as a community center. You will find items remembering days gone by and honoring the history of this important part of our neighborhood, and also see new changes as we move into the future.

Whether this is your first time at the Old Gregg School or a daily destination, we are so glad you joined us! We have a variety of business, education, recreation, and wellness opportunities available to serve you and the Penns Valley Community, **so come on in!**

*To find out what we have for what you want, check out our business and program listing on the back or follow us on Facebook!*



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## Making an Impact in Our Community

## At the OGS

### Solar Hot Water System Installed

The OGS has a new solar domestic hot water heating system that became operational in September and is well on its way to saving the OGS 66% in reduced propane usage for heating the domestic hot water in the building.

The OGS is grateful to the West Penn Power Sustainable Energy Fund for granting 60% of the cost of the new system. Chilton Designs, of Boalsburg provided the engineering, S. C. Bierly of Millheim installed the system, and Poorman's Welding of Aaronsburg, fabricated the sub-structures for mounting the system.

At noon on December 7<sup>th</sup>, the temperature at the solar collectors was 283°F! A 500-gallon water tank stores the heat from the solar collectors and distributes pre-heated water into the domestic hot water system whenever hot water is called for.

*Interested in seeing the new solar domestic hot water heating system and learning about how it works? Do you have a group that would like to see this as a field trip? You can stop by anytime the OGS is open or you can request a tour at [ogsdoug@gmail.com](mailto:ogsdoug@gmail.com)!*



### Food Centre: Feeding the Community

A project by New Leaf Initiative and the Food Reclamation Network of Centre County, a Food Centre may be coming to Penns Valley at the OGS. Winners of the Centre Inspires grant through Centre Foundation, the goal of the Food Centre is to provide a solution to food insecurity in our community.

The Food Centre would provide refrigerated storage in a retrofitted shipping container in order to store food that would otherwise spoil before being distributed to those who need it. Food from local farmers, grocery stores, and restaurants would be collected before it is wasted and stored at the center to be distributed by organizations in Penns Valley such as the Penns Valley Youth Center and the Millheim Outreach Center.

Chosen as the possible location for the first Food Centre, the Old Gregg School would be a great partner in accomplishing the mission of the Food Centre. One example is the potential for the OGS commercial kitchen to be used by Food Centre partners for classes about cooking and nutrition. A community garden may also be in the works at the OGS to give hands-on learning opportunities to youth and their families in Penns Valley.

The Penns Valley Youth Center, located at the OGS, provides food to the community through their Bread Pick-Up program and Wednesday Dinner for teens. With the Food Centre, PVYC would be able to give fresh produce to those families, as well as teach them about healthy options in regard to food choices.

*With the OGS working together with organizations like the Food Reclamation Network of Centre County and PVYC, we can be a part of **ending food insecurity** right here in our own neighborhoods.*

For more info about the Food Centers project, visit [www.foodcentres.org](http://www.foodcentres.org).

*In 2014,*

**48.1 million  
Americans**

*lived in food insecure  
households, including*

**32.8 million adults  
and  
15.3 million children**

Coleman-Jensen, A., Rabbitt, M., Gregory, C., & Singh, A. (2015). Household Food Security in the United States in 2014. USDA ERS.

## The Underground: Fitness Center Memberships

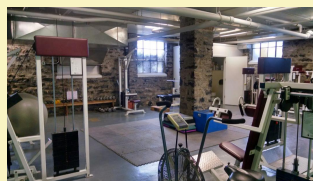
We have some exciting changes going on with our fitness center and gymnasium!

The fitness center, located in the basement of the OGS below the gym, is now known as *The Underground*. Didn't know we had a fitness center? Make sure to check it out the next time you are at the OGS! Follow the stairs down from the right side of the stage past the NV Model Railroad Club. There are free weights, weight machines, and much more. If you are looking for a low-key cross-fit style gym that is affordable, then we want to welcome you to The Underground!

Memberships are good for a year from the month of purchase. Individual memberships are \$50/year and Family memberships are \$150 for 3 or more people in one household. Payment plans are available in quarterly increments of \$15/individual and \$40/family.

Your membership includes unlimited use of *The Underground* fitness center, Open Gym (availability varies), Open Gym scheduled sports (Basketball, Soccer, Volleyball), and fitness class usage fee (does not include the cost of the class). Instead of paying \$2 per day, you now have the ease of bringing your membership card. First time visitors pay \$2 and then have the option of purchasing a membership for continued use.

Join *The Underground* TODAY to reach your fitness goals for 2016 and let's live a healthy and vibrant life TOGETHER!



## Lending Library

“There is more treasure in books than in all the pirate's loot on Treasure Island”

-Walt Disney

Did you know that the OGS has a vast assortment of books for all ages in the Lending Library? All you have to do is take a book home (or read in the library) and then place it in the cart when you are done. It is that simple! The library is equipped with free WiFi. You can also visit the Bookmobile every Thursday from 11am to 1pm.

Here are some other ways to utilize the Lending Library:

- 1 Volunteer:** The books are sorted, organized, and shelved by great volunteers. You can even set your own hours! This is a great opportunity for students needing volunteer hours.
- 2 Donate:** We gladly accept donations of books and DVD's in good condition. (Please do not bring VHS tapes) Thank you!
- 3 Host a Book Club or Children's Storytime:**

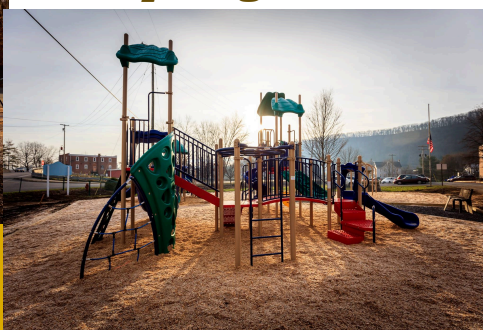
The Lending Library is a great space to sip coffee with your friends and discuss your favorite books. Interested in starting a Children's Storytime? We'd love to set that up!

## New Playground: Thank you for your support!

Photo Credit: Chris Stump [chrisstump.com](http://chrisstump.com)



## Grand Opening in Spring 2016!



It was bittersweet to say goodbye to our beloved playground of almost 18 years, but we are excited to see the new playground structures in!

We want to thank our wonderful Penns Valley community for all of the generous donations and support that made this project possible! We also want to thank the Gregg Township crew, supervisors, and a few volunteers who helped in the planning and building of this safe and accessible playground that is already being enjoyed by many children each day. There is still work to be done before the playground area is officially open, such as the walkway, pavilion, and parking lot changes, so we will have a Grand Opening in the Spring of 2016! We can't thank you enough.

## Non-Profit & Business at the OGS

### A New Day Fitness

(814) 777-4090

anewdayfitness@yahoo.com

### Blueberry Hill Academy Fitness

(814) 349-8678

jekarp5@gmail.com

### Gregg Township Municipal Office

(814) 422-8218

secretary@greggtownship.org / www.greggtownship.org

### Horizons Dance Studio

(814) 876-0982

### Nittany Health Centre

(814) 364-9494

info@nittanyhealthcentre.com

### Nittany Valley Model Railroad Club

(814) 353-1482

scostella@seancostella.com

### Pennsylvania Certified Organic

(814) 422-0251

pco@paorganic.org / www.paorganic.org

### Penns Valley Community Church

(814) 422-5360

carrie@livepraylove.com / www.livepraylove.com

### Penns Valley Youth Center

(814) 422-3345

darren@pvyouthcenter.com / www.pvyouthcenter.com

### Stroup Insurance Agency

#### Rachel Stroup & Carol Gingrich

(814) 422-0626

### Thrifty Tailz-n-Pawz

thriftyzz@live.com

### Tri-Yoga of Central Pennsylvania

(814) 364-2435

info@pennsylvaniayoga.com / www.pennsylvaniayoga.com

## Other Activities at OGS



*For specific information about the activities below or to rent space for your event, please contact the OGS office.*

### **Open Gym Sports:**

Basketball

Soccer

Volleyball

### **Children/Parents:**

MOPS of Penns Valley

WIC

Homeschool Group

Penns Valley Moms Playgroup

Pre-school Co-op

Tumbling

### **Community Kitchen:**

Rent for Your Food Business

*(For a list of food currently produced at the OGS, contact the OGS office)*

### **Monthly/Yearly Events:**

Open Mic Night

Dance

Craft Fairs

### **Classroom/Gym Rentals:**

Birthday Parties

Girl/Boy Scouts

Meetings & Events

OLLI Classes

## Contact Us!

106 School Street / PO Box 184

Spring Mills, PA 16875

www.oldgreggschool.org

ogsdoug@gmail.com

(814) 422-8218

